Primary Care

Abdominal Aortic Aneurysm
AC Arthritis
ACL Injuries
Acute Bronchitis
Alcoholic Hepatitis
All About Arthritis
Allergic Rhinitis
Am I a Candidate for LASIK?
Amblyopia
Anaphylaxis
Anemia of Chronic Disease
Angioedema
Ankle Arthritis and Replacement
Ankle Sprain
Ankylosing Spondylitis
Asbestos
Asthma
Asthma in Children
Atherosclerosis
Atopic Dermatitis
Atrial Fibrillation
Back Health: Lifting
Bacterial Food Poisoning
Bacterial Pneumonia
Bipolar Disorder
Blood Sugar Testing
Bone Fractures and Sprains
Bottle Feeding
Breast Biopsy
Breast Cancer Screening
Breastfeeding
Bursitis
Burst Fracture
Cardiac Arrhythmias
Cardiac Catheterization
Cardiac Rehabilitation
Cardiac Stress Tests
Carpal Tunnel Disease
Cervical Arthritis
Cervical Arthritis
Cervical Cancer Screening
Cervical Disk Rupture
Child’s First Eye Exam
Child’s Vision Performance
Cholelithiasis
Cholesterol Screening
Chronic Hypertension During Pregnancy
Chronic Pancreatitis
Claudication
Cluster Headache
CMC Arthritis
Colds and the Flu in Children
Colon Cancer Screening
Colonoscopy
Common Changes During Pregnancy
Computed Tomography (CT or CAT Scan)
Computer Vision Syndrome
Concussion
Contact Dermatitis
Continuous Positive Airway Pressure (CPAP)
Corneal Abrasion
Coronary Artery Bypass Surgery
Coronary Artery Disease: Risk Factors and Prevention
Coronary Artery Disease: Treatment
Costochondritis
Crutch Training
Cubital Tunnel Syndrome
De Quervain’s Disease
Delayed Sleep Phase Syndrome
Depression
Depression Screening
Diabetes in Pregnancy
Diabetes Related Eye Disease
Diabetic Ketoacidosis
Diarrhea in Children
Diverticulitis
Diverticulosis
Drugs, Alcohol and Smoking During Pregnancy
Dry Eye Syndrome
Dysfunctional Uterine Bleeding
Dysmenorrhea
EGD: Upper Endoscopy
Elbow Arthritis and Replacement
Endometriosis
ERCP
Exercise During Pregnancy
Fever in Children Older Than 3 Months
Flexible Sigmoidoscopy
Folic Acid and Birth Defects
Foot Care for People with Diabetes
Frozen Shoulder
Ganglion Cyst
Gastritis
GERD
Gestational Diabetes in Pregnancy
H1N1 Influenza (Swine Flu)
Hand Foot And Mouth Disease
Hand Washing and Cleansing
Heart Attacks
Heart Failure
Heart Murmurs
Hemochromatosis
Hepatitis A
Hepatitis B
Hepatitis C
Herpes Simplex
Herpes Zoster
High Blood Pressure in Pregnancy
Hip Arthritis and Replacement
Hip Fracture
Hip Pain
Hip Revision
How Your Heart Works - Animation
Hypertension
Hypoglycemia in Diabetes
Hypothyroidism
Hysterectomy
Hysterectomy Options: LSH
ICDs: Implantable Cardioverter Defibrillators
Impetigo
Impingement Syndrome
Infections During Pregnancy
Influenza Vaccination
Insulin and Diabetes
Irritable Bowel Syndrome
Kidney Care for People with Diabetes
Kidney Stones
Knee Arthritis and Fixed Knee Replacement
Knee Arthritis and Mobile Knee Replacement
Labor and Delivery
Labyrinthitis
Lacerations and Wound Care
Lactose Intolerance Adult
Lactose Intolerance Pediatric
Lead Poisoning Screening
Low Back Pain
Low Back Sprain
Lumbar Disk Disease
Lumbar Disk Rupture
Lumbar/Lumbosacral Arthritis
Lyme Disease
Mammogram
MCP Arthritis and Replacement
Meal Planning for People with Diabetes
Medial / Lateral Collateral Injuries
Melanoma Screening
Meniscal Injuries
Menopause
Metatarsalgia
Metered-Dose Inhaler
Migraine Headache
Mitral Valve Prolapse
Mononucleosis
MRI (Magnetic Resonance Imaging)
Multiple Sclerosis
Myasthenia Gravis
Narcolepsy
Nausea and Vomiting in Children
Obesity
Obsessive Compulsive Disorder
Obstructive Sleep Apnea (OSA)
Olecranon Bursitis
Osteoarthritis
Osteonecrosis of the Hip
Otitis Externa
Otitis Media
Ovarian Cysts
Pacemakers
Panic Attacks
Pap Smear
Paralysis: For Caregivers
Paralysis: Hands-Free Computing
Paralysis: Independent Living Centers
Paralysis: Paralysis Resource Center
Parasomnias
Patellar Instability and Arthritis
Peak Flow Meter
Pelvic Inflammatory Disease
Pepitic Ulcer Disease
Periodic Limb Movements of Sleep
Peripheral Arterial Disease
PIP / DIP Arthritis
Pityriasis Rosea
Plantar Warts
Pneumococcal Vaccination
Polymyalgia Rheumatica
Posttraumatic Stress Disorder
Pre-Diabetes
Pre-Existing Diabetes in Pregnancy
Pregnancy After 35
Pregnancy Induced Hypertension
Premature Ventricular Contractions
Premenstrual Syndrome
Prenatal Testing
Pre-Patellar Bursitis
Pressure Relieving Cushions
Pressure Sores Associated with Seating
Pressure Ulcers
Primary Insomnia
Prostate Cancer
Pseudogout
Pseudomembranous Colitis
Pyelonephritis
Raynaud’s Phenomenon
Relaxation Exercises
Relaxation: Ocean
Relaxation: Streams
Relaxation: Waterfalls
Renal Artery Stenosis
Restless Legs Syndrome (RLS)
Rheumatoid Arthritis: The Disease
Rheumatoid Arthritis: The Treatment
Ringworm
Rosacea
Rotator Cuff Injuries
Rotator Cuff Tendonitis/Tear
Safety: Car Seats for Infants and Toddlers
Safety: Car Seats for School-Age Children
Scabies
Scoliosis
Scoliosis (Long)
Seizure Disorder, Grand Mal
Seizure Disorder, Petit Mal
Seizures, Febrile
Shoulder Arthritis and Replacement
Shoulder Instability / Dislocation
Sinusitis
Sleep Apnea in Children
Sleep Hygiene
Sleep Studies (Your Night in the Sleep Lab)
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Social Anxiety
Spinal Stenosis
Spinal Tap Procedure
Spondylolisthesis
Stroke
Tennis Elbow
Tension Type Headache
Testicular Cancer Screening
Tinea Pedis
Tinea Unguium
Tinea Versicolor
Total Knee Replacement
Transient Ischemic Attack
Trigeminal Neuralgia
Trigger Finger
Trochanteric Bursitis
Type 1 Diabetes in Adults
Type 1 Diabetes in Children and Teens
Type 2 Diabetes
Types of Eye Care Professionals
Urethritis
Urinary Incontinence
Urinary Tract Infection, Female
Urinary Tract Infection, Male
Varicose Veins
Wrist Arthritis and Replacement
Wrist Fracture
PATIENT EDUCATION VIDEO LIBRARY

**Specialty Packages**

**Cardiology**
- Abdominal Aortic Aneurysm
- Anaphylaxis
- Atherosclerosis
- Atrial Fibrillation
- Cardiac Arrhythmias
- Cardiac Catheterization
- Cardiac Rehabilitation
- Cardiac Stress Tests
- Carotid Artery Disease
- Cholesterol Screening
- Chronic Hypertension During Pregnancy
- Claudication
- Coronary Artery Bypass Surgery
- Coronary Artery Disease: Risk Factors and Prevention
- Coronary Artery Disease: Treatment
- Costochondritis
- Heart Attacks
- Heart Failure
- Heart Murmurs
- High Blood Pressure in Pregnancy
- How Your Heart Works - Animation
- Hypertension
- ICDs: Implantable Cardioverter Defibrillators
- Mitral Valve Prolapse
- Obstructive Sleep Apnea (OSA)
- Pacemakers
- Peripheral Arterial Disease
- Pregnancy Induced Hypertension
- Premature Ventricular Contractions
- Renal Artery Stenosis
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change
- Stroke
- Transient Ischemic Attack

**Dermatology**
- Angioedema
- Atopic Dermatitis
- Contact Dermatitis
- Hand Foot And Mouth Disease
- Herpes Simplex
- Herpes Zoster
- Impetigo
- Lyme Disease
- Melanoma Screening
- Pityriasis Rosea
- Plantar Warts
- Pressure Relieving Cushions
- Pressure Sores Associated with Seating
- Pressure Ulcers
- Ringworm
- Rosacea
- Scabies
- Tinea Pedis
- Tinea Unguium
- Tinea Versicolor

**Emergency Medicine**
- Abdominal Aortic Aneurysm
- Acute Bronchitis
- Alcoholic Hepatitis
- Anaphylaxis
- Angioedema
- Ankle Sprain
- Asthma
- Atrial Fibrillation
- Bacterial Food Poisoning
- Bacterial Pneumonia
- Bone Fractures and Sprains
- Bursitis
- Burst Fracture
- Cardiac Arrhythmias
- Cervical Disk Rupture
- Cholelithiasis
- Cluster Headache
- Concussion
- Corneal Abrasion
- Costochondritis
- Crutch Training
- Depression
- Depression Screening
- Diabetic Ketoacidosis
- Dysmenorrhea
- Fever in Children Older Than 3 Months
- Gastritis
- Gastroesophageal Reflux Disease (GERD)
- H1N1 Influenza (Swine Flu)
- Hand Foot And Mouth Disease
- Heart Attacks
- Heart Failure
- Hepatitis A
- Hepatitis B
- Hepatitis C
- Herpes Zoster
- Hip Fracture
- Hypoglycemia in Diabetes
- Kidney Stones
- Labyrinthitis
- Lacerations and Wound Care
- Low Back Pain
- Low Back Sprain
- Lumbar Disk Rupture

**Endocrinology**
- Blood Sugar Testing
- Diabetes in Pregnancy
- Diabetes Related Eye Disease
- Diabetic Ketoacidosis
- Foot Care for People with Diabetes
- Gestational Diabetes in Pregnancy
- Hemochromatosis
- Hypoglycemia in Diabetes
- Hypothyroidism
- Insulin and Diabetes
- Kidney Care for People with Diabetes
- Meal Planning for People with Diabetes
- Menopause
- Obesity
- Pre-Diabetes
- Pre-Existing Diabetes in Pregnancy
- Type 1 Diabetes in Adults
- Type 1 Diabetes in Children and Teens
- Type 2 Diabetes

**Meniscal Injuries**
- Metered-Dose Inhaler
- Migraine Headache
- Obsessive Compulsive Disorder
- Otitis Media
- Panic Attacks
- Peptic Ulcer Disease
- Premature Ventricular Contractions
- Pseudomembranous Colitis
- Pyelonephritis
- Seizure Disorder, Grand Mal
- Seizure Disorder, Petit Mal
- Seizures, Febrile
- Social Anxiety
- Spinal Tap Procedure
- Stroke
- Tension Type Headache
- Transient Ischemic Attack
- Urethritis
- Urinary Tract Infection, Female
- Urinary Tract Infection, Male
- Wrist Fracture
PATIENT EDUCATION
VIDEO LIBRARY

**Gastroenterology**
- Alcoholic Hepatitis
- Bacterial Food Poisoning
- Cholelithiasis
- Chronic Pancreatitis
- Colon Cancer Screening
- Colonoscopy
- Diarrhea in Children
- Diverticulitis
- Diverticulosis
- EGD: Upper Endoscopy
- ERCP
- Flexible Sigmoidoscopy
- Gastritis
- Gastroesophageal Reflux Disease (GERD)
- Hepatitis A
- Hepatitis B
- Hepatitis C
- Irritable Bowel Syndrome
- Lactose Intolerance Adult
- Lactose Intolerance Pediatric
- Meal Planning for People with Diabetes
- Mononucleosis
- Nausea and Vomiting in Children
- Obesity
- Peptic Ulcer Disease
- Prostate Cancer
- Pseudomembranous Colitis

**Health Promotion & Disease Management**
- Back Health: Lifting
- Breast Cancer Screening
- Cervical Cancer Screening
- Child’s First Eye Exam
- Child’s Vision Performance
- Cholesterol Screening
- Colon Cancer Screening
- Coronary Artery Disease: Risk Factors and Prevention
- Depression Screening
- Foot Care for People with Diabetes
- H1N1 Influenza (Swine Flu)
- Hand Washing and Cleansing
- How Your Heart Works
- Influenza Vaccination
- Mammogram
- Melanoma Screening
- Obesity
- Pregnancy After 35
- Relaxation Exercises
- Relaxation: Ocean
- Relaxation: Streams
- Relaxation: Waterfalls

**Hematology**
- Anemia of Chronic Disease
- Hemochromatosis
- Mononucleosis

**Mental Health**
- Bipolar Disorder
- Depression
- Depression Screening
- Obsessive Compulsive Disorder
- Panic Attacks
- Posttraumatic Stress Disorder
- Premenstrual Syndrome
- Relaxation Exercises
- Social Anxiety
- Relaxation: Ocean
- Relaxation: Streams
- Relaxation: Waterfalls

**Nephrology**
- Kidney Care for People with Diabetes
- Kidney Stones
- Pyelonephritis
- Renal Artery Stenosis

**Neurology**
- Carpal Tunnel Syndrome
- Cluster Headache
- Concussion
- Continuous Positive Airway Pressure (CPAP)
- Cubital Tunnel Syndrome
- Delayed Sleep Phase Syndrome
- Ganglion Cyst
- Herpes Simplex
- Herpes Zoster
- Lead Poisoning Screening
- Lyme disease
- Migraine Headache
- Multiple Sclerosis
- Myasthenia Gravis
- Narcolepsy
- Obstructive Sleep Apnea (OSA)
- Paralysis: For Caregivers
- Paralysis: Hands-Free Computing
- Paralysis: Independent Living Centers
- Paralysis: Paralysis Resource Center
- Parasomnias
- Periodic Limb Movements of Sleep
- Primary Insomnia

**Oncology**
- Anemia of Chronic Disease
- Breast Biopsy
- Breast Cancer Screening
- Cervical Cancer Screening
- Colon Cancer Screening
- Colonoscopy
- Flexible Sigmoidoscopy
- Hemochromatosis
- Mammogram
- Melanoma Screening
- Pap Smear
- Polymyalgia Rheumatica
- Prostate Cancer
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change
- Testicular Cancer Screening

**Ophthalmology**
- Am I a Candidate for LASIK?
- Amblyopia
- Cataracts
- Child’s First Eye Exam
- Child’s Vision Performance
- Computer Vision Syndrome
- Corneal Abrasion
- Diabetes Related Eye Disease
- Dry Eye Syndrome
- Types of Eye Care Professionals
Orthopedics
AC Arthritis
ACL Injuries
All About Arthritis
Ankle Arthritis and Replacement
Ankle Sprain
Ankylosing Spondylitis
Back Health: Lifting
Bone Fractures and Sprains
Bursitis
Burst Fracture
Carpal Tunnel Syndrome
Cervical Arthritis
Cervical Disk Rupture
CMC Arthritis
Computed Tomography (CT or CAT Scan)
Costochondritis
Crutch Training
Cubital Tunnel Syndrome
De Quervain’s Disease
Dupuytren’s Disease
Elbow Arthritis and Replacement
Frozen Shoulder
Ganglion Cyst
Hip Arthritis and Replacement
Hip Fracture
Hip Pain
Hip Revision
Impingement Syndrome
Knee Arthritis and Fixed Knee Replacement
Knee Arthritis and Mobile Knee Replacement
Low Back Pain
Low Back Sprain
Lumbar Disk Disease
Lumbar Disk Rupture
Lumbar/Lumbosacral Arthritis
MCP Arthritis and Replacement
Medial / Lateral Collateral Injuries
Meniscal Injuries
Olecranon Bursitis
Osteoarthritis
Osteonecrosis of the Hip
Paralysis: For Caregivers
Paralysis: Hands-Free Computing
Paralysis: Independent Living Centers
Paralysis: Paralysis Resource Center
Patellar Instability and Arthritis
PIP / DIP Arthritis
Pre-Patellar Bursitis
Pseudogout
Rotator Cuff Injuries
Rotator Cuff Tendinitis/Tear

Scoliosis
Scoliosis (Long)
Shoulder Arthritis and Replacement
Shoulder Instability / Dislocation
Spinal Stenosis
Spondylolysis
Tennis Elbow
Total Knee Replacement
Trigger Finger
Trochanteric Bursitis
Wrist Arthritis and Replacement
Wrist Fracture

Otolaryngology
Allergic Rhinitis
Anaphylaxis
Herpes Simplex
Labyrinthitis
Metered-Dose Inhaler
Mononucleosis
Obstructive Sleep Apnea (OSA)
Otitis Externa
Otitis Media
Sinusitis
Sleep Apnea in Children

Patient Safety
Hand Washing and Cleansing

Pediatrics
Amblyopia
Asthma
Asthma in Children
Atopic Dermatitis
Bottle Feeding
Breastfeeding
Child’s First Eye Exam
Child’s Vision Performance
Colds and the Flu in Children
Contact Dermatitis
Diarrhea in Children
Fever in Children Older Than 3 Months
Hand Foot And Mouth Disease
Heart Murmurs
Impetigo
Lactose Intolerance Pediatric
Lead Poisoning Screening
Mononucleosis
Nausea and Vomiting in Children
Otitis Externa
Otitis Media
Pityriasis Rosea
Ringworm
Safety: Car Seats for Infants and Toddlers

Prenatal Care
Chronic Hypertension During Pregnancy
Common Changes During Pregnancy
Diabetes in Pregnancy
Drugs, Alcohol and Smoking During Pregnancy
Exercise During Pregnancy
Folic Acid and Birth Defects
Gestational Diabetes in Pregnancy
High Blood Pressure in Pregnancy
Infections During Pregnancy
Labor and Delivery
Pre-Existing Diabetes in Pregnancy
Pregnancy After 35
Pregnancy Induced Hypertension
Prenatal Testing
**Pulmonary/Respiratory**
- Asthma
- Asthma in Children
- Allergic Rhinitis
- Acute Bronchitis
- Anaphylaxis
- Angioedema
- Asbestosis
- Asthma
- Bacterial Pneumonia
- Colds and the Flu in Children
- Continuous Positive Airway Pressure (CPAP)
- Delayed Sleep Phase Syndrome
- Influenza Vaccination
- Metered-Dose Inhaler
- Narcolepsy
- Obstructive Sleep Apnea (OSA)
- Parasomnias
- Peak Flow Meter
- Periodic Limb Movements of Sleep
- Pneumococcal Vaccination
- Primary Insomnia
- Relaxation Exercises
- Relaxation Program
- Restless Legs Syndrome (RLS)
- Sinusitis
- Sleep Apnea in Children
- Sleep Hygiene
- Sleep Studies (Your Night in the Sleep Lab)
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change

**Radiology & Imaging**
- Computed Tomography (CT or CAT Scan)
- MRI (Magnetic Resonance Imaging)

**Rheumatology**
- AC Arthritis
- All About Arthritis
- Ankle Arthritis and Replacement
- Ankylosing Spondylitis
- Bursitis
- Cervical Arthritis
- CMC Arthritis
- Costochondritis
- De Quervain’s Disease
- Dupuytren’s Disease
- Elbow Arthritis and Replacement
- Frozen Shoulder
- Hip Arthritis and Replacement
- Hip Pain
- Hip Revision
- Lumbar Disk Disease
- Lumbar/Lumbosacral Arthritis
- MCP Arthritis and Replacement
- Metatarsalgia
- Olecranon Bursitis
- Osteoarthritis
- Osteonecrosis of the Hip
- Patellar Instability and Arthritis
- PIP / DIP Arthritis
- Pre-Patellar Bursitis
- Pseudogout
- Raynaud’s Phenomenon
- Rheumatoid Arthritis: The Disease
- Rheumatoid Arthritis: The Treatment
- Shoulder Arthritis and Replacement
- Trochanteric Bursitis
- Wrist Arthritis and Replacement

**Senior Health**
- AC Arthritis
- ACL Injuries
- All About Arthritis
- Ankle Arthritis and Replacement
- Atherosclerosis
- Back Health: Lifting
- Blood Sugar Testing
- Bursitis
- Cataracts
- Cervical Arthritis
- Cervical Disk Rupture
- Cholesterol Screening
- Chronic Pancreatitis
- Claudication
- CMC Arthritis
- Coronary Artery Bypass Surgery
- Coronary Artery Disease: Risk Factors and Prevention
- Coronary Artery Disease: Treatment
- Depression
- Depression Screening
- Diabetes Related Eye Disease
- Diverticulitis
- Diverticulosis
- Dry Eye Syndrome
- EGD: Upper Endoscopy
- Elbow Arthritis and Replacement
- ERCP
- Flexible Sigmoidoscopy
- Foot Care for People with Diabetes
- Gastroesophageal Reflux Disease (GERD)
- Hip Arthritis and Replacement
- Hip Fracture
- Hip Pain
- Hip Revision
- Hypertension
- Hypoglycemia in Diabetes
- Hypothyroidism
- Impingement Syndrome
- Influenza Vaccination
- Insulin and Diabetes
- Irritable Bowel Syndrome
- Kidney Care for People with Diabetes
- Knee Arthritis and Fixed Knee Replacement
- Knee Arthritis and Mobile Knee Replacement
- Low Back Pain
- Low Back Sprain
- Lumbar Disk Disease
- Lumbar Disk Rupture
- Lumbar/Lumbosacral Arthritis
- Mammogram
- MCP Arthritis and Replacement
- Meal Planning for People with Diabetes
- Meniscal Injuries
- Metatarsalgia
- Osteoarthritis
- Osteonecrosis of the Hip
- Patellar Instability and Arthritis
- Peripheral Arterial Disease
- PIP / DIP Arthritis
- Pneumococcal Vaccination
- Polymyalgia Rheumatica
- Premature Ventricular Contractions
- Pre-Patellar Bursitis
- Pressure Relieving Cushions
- Pressure Sores Associated with Seating
- Pressure Ulcers
- Prostate Cancer
- Pseudogout
- Rosacea
- Rotator Cuff Injuries
- Rotator Cuff Tendinitis/Tear
- Shoulder Arthritis and Replacement
- Shoulder Instability / Dislocation
- Spinal Stenosis
- Stroke
- Tennis Elbow
- Testicular Cancer Screening
- Total Knee Replacement
- Transient Ischemic Attack
- Trochanteric Bursitis
- Type 2 Diabetes
- Urinary Incontinence
- Urinary Tract Infection, Female
- Urinary Tract Infection, Male
- Varicose Veins
- Wrist Arthritis and Replacement
- Wrist Fracture
**Patient Education Video Library**

### Urology
- Kidney Care for People with Diabetes
- Prostate Cancer
- Pyelonephritis
- Testicular Cancer Screening
- Urethritis
- Urinary Incontinence
- Urinary Tract Infection, Female
- Urinary Tract Infection, Male

### Vascular
- Abdominal Aortic Aneurysm
- Atherosclerosis
- Atrial Fibrillation
- Carotid Artery Disease
- Claudication
- Peripheral Arterial Disease
- Raynaud’s Phenomenon
- Renal Artery Stenosis
- Stroke
- Varicose Veins

### Women’s Health
- Breast Biopsy
- Breast Cancer Screening
- Cervical Cancer Screening
- Cholesterol Screening
- Depression
- Dysfunctional Uterine Bleeding
- Dysmenorrhea
- Endometriosis
- Hypertension
- Hysterectomy
- Hysterectomy Options: LSH
- Irritable Bowel Syndrome
- Lactose Intolerance Adult
- Mammogram
- Menopause
- Obesity
- Ovarian Cysts
- Pap Smear
- Pelvic Inflammatory Disease
- Premenstrual Syndrome
- Primary Insomnia
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change
- Tension Type Headache
- Urethritis
- Urinary Incontinence
- Urinary Tract Infection, Female
- Varicose Veins
Spanish Specialties

Cardiology
- Abdominal Aortic Aneurysm
- Atherosclerosis
- Atrial Fibrillation
- Cardiac Arrhythmias
- Cardiac Catheterization
- Cardiac Rehabilitation
- Cardiac Stress Tests
- Carotid Artery Disease
- Cholesterol Screening
- Chronic Hypertension During Pregnancy
- Claudication
- Coronary Artery Bypass Surgery
- Coronary Artery Disease: Risk Factors and Prevention
- Coronary Artery Disease: Treatment
- Heart Attacks
- Heart Failure
- Heart Murmurs
- High Blood Pressure in Pregnancy
- How Your Heart Works
- Hypertension
- ICDs: Implantable Cardioverter Defibrillators
- Mitral Valve Prolapse
- Obstructive Sleep Apnea (OSA)
- Pacemakers
- Peripheral Arterial Disease
- Pregnancy Induced Hypertension
- Renal Artery Stenosis
- Smoking Cessation, Relapse Prevention
- Smoking Cessation, Stages of Change
- Stroke

Dermatology
- Pressure Relieving Cushions
- Pressure Sores Associated with Seating

Emergency
- Abdominal Aortic Aneurysm
- Asthma
- Atrial Fibrillation
- Bone Fractures and Sprains
- Cardiac Arrhythmias
- Crutch Training
- Depression
- Depression Screening
- Diabetic Ketoacidosis
- Fever in Children Older Than 3 Months
- H1N1 Influenza (Swine Flu)
- Heart Attacks
- Heart Failure
- Hypoglycemia in Diabetes
- Lacerations and Wound Care
- Low Back Pain

Endocrinology
- Blood Sugar Testing
- Diabetes in Pregnancy
- Diabetes Related Eye Disease
- Diabetic Ketoacidosis
- Foot Care for People with Diabetes
- Gestational Diabetes in Pregnancy
- Hypoglycemia in Diabetes
- Hypothyroidism
- Insulin and Diabetes
- Kidney Care for People with Diabetes
- Meal Planning for People with Diabetes
- Menopause
- Obesity
- Pre-Diabetes
- Pre-Existing Diabetes in Pregnancy
- Type 1 Diabetes in Adults
- Type 1 Diabetes in Children and Teens
- Type 2 Diabetes

Gastroenterology
- Colon Cancer Screening
- Colonoscopy
- Diarrhea in Children
- EGD: Upper Endoscopy
- Flexible Sigmoidoscopy
- Irritable Bowel Syndrome
- Meal Planning for People with Diabetes
- Nausea and Vomiting in Children
- Obesity
- Prostate Cancer

Health Promotion & Disease Management
- Breast Cancer Screening
- Cervical Cancer Screening
- Child’s First Eye Exam
- Child’s Vision Performance
- Cholesterol Screening
- Colon Cancer Screening
- Coronary Artery Disease: Risk Factors and Prevention
- Depression Screening
- Diabetes Related Eye Disease
- Foot Care for People with Diabetes
- H1N1 Influenza (Swine Flu)
- Hand Washing and Cleansing
- How Your Heart Works

Influenza Vaccination
- Mammogram
- Obesity
- Pregnancy After 35
- Relaxation Exercises
- Sleep Hygiene
- Sleep Studies (Your Night in the Sleep Lab)
- Smoking Cessation, Stages of Change
- Testicular Cancer Screening
- Type 2 Diabetes
- Types of Eye Care Professionals

Mental Health
- Bipolar Disorder
- Depression
- Depression Screening
- Obsessive Compulsive Disorder
- Panic Attacks
- Relaxation Exercises
- Relaxation: Ocean
- Relaxation: Streams
- Relaxation: Waterfalls
- Social Anxiety

Nephrology
- Kidney Care for People with Diabetes
- Renal Artery Stenosis

Neurology
- Carpal Tunnel Syndrome
- Continuous Positive Airway Pressure (CPAP)
- Delayed Sleep Phase Syndrome
- Narcolepsy
- Obstructive Sleep Apnea (OSA)
- Parasomnias
- Periodic Limb Movements of Sleep
- Primary Insomnia
- Relaxation Exercises
- Restless Legs Syndrome (RLS)
- Sleep Apnea in Children
- Sleep Hygiene
- Sleep Studies (Your Night in the Sleep Lab)
- Spinal Tap Procedure
- Stroke

Oncology
- Breast Biopsy
- Breast Cancer Screening
- Cervical Cancer Screening
- Colon Cancer Screening
- Colonoscopy
- Flexible Sigmoidoscopy
- Mammogram
- Pap Smear
- Prostate Cancer
- Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Testicular Cancer Screening
**Ophthalmology**
Am I a Candidate for LASIK?
Amblyopia
Child’s First Eye Exam
Child’s Vision Performance
Computer Vision Syndrome
Diabetes Related Eye Disease
Dry Eye Syndrome
Types of Eye Care Professionals
**Orthopedics**
Carpal Tunnel Syndrome
CMC Arthritis
Computed Tomography (CT or CAT Scan)
Crutch Training
Elbow Arthritis and Replacement
Hip Arthritis and Replacement
Knee Arthritis and Mobile Knee Replacement
Low Back Pain
MCP Arthritis and Replacement
PIP / DIP Arthritis
Shoulder Arthritis and Replacement
Total Knee Replacement
Wrist Arthritis and Replacement
**Otolaryngology**
Metered-Dose Inhaler
Obstructive Sleep Apnea (OSA)
Otitis Media
Sleep Apnea in Children
**Patient Safety**
Hand Washing and Cleansing
**Pediatrics**
Amblyopia
Asthma
Asthma in Children
Bottle Feeding
Breastfeeding
Child’s First Eye Exam
Child’s Vision Performance
Colds and the Flu in Children
Diarrhea in Children
Fever in Children Older Than 3 Months
Heart Murmurs
Nausea and Vomiting in Children
Otitis Media
Sleep Apnea in Children
Safety: Car Seats for Infants and Toddlers
Safety: Car Seats for School-Age Children
Type 1 Diabetes in Children and Teens
**Prenatal Care**
Chronic Hypertension During Pregnancy
Common Changes During Pregnancy
Diabetes in Pregnancy
Drugs, Alcohol and Smoking During Pregnancy
Exercise During Pregnancy
Folic Acid and Birth Defects
Gestational Diabetes in Pregnancy
High Blood Pressure in Pregnancy
Infections During Pregnancy
Labor and Delivery
Pre-Existing Diabetes in Pregnancy
Pregnancy After 35
Pregnancy Induced Hypertension
Prenatal Testing
**Pulmonary/Respiratory**
Asthma
Asthma in Children
Colds and the Flu in Children
Continuous Positive Airway Pressure (CPAP)
Delayed Sleep Phase Syndrome
Influenza Vaccination
Metered-Dose Inhaler
Narcolepsy
Obstructive Sleep Apnea (OSA)
Parasomnias
Peak Flow Meter
Periodic Limb Movements of Sleep
Pneumococcal Vaccination
Primary Insomnia
Relaxation Exercises
Restless Legs Syndrome (RLS)
Sleep Apnea in Children
Sleep Hygiene
Sleep Studies (Your Night in the Sleep Lab)
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
**Radiology & Imaging**
Computed Tomography (CT or CAT Scan)
MRI (Magnetic Resonance Imaging)
**Rheumatology**
CMC Arthritis
Elbow Arthritis and Replacement
Hip Arthritis and Replacement
Knee Arthritis and Mobile Knee Replacement
MCP Arthritis and Replacement
PIP / DIP Arthritis
Rheumatoid Arthritis: The Disease
Rheumatoid Arthritis: The Treatment
Shoulder Arthritis and Replacement
Wrist Arthritis and Replacement
**Senior Health**
Atherosclerosis
Blood Sugar Testing
Cholesterol Screening
Claudication
CMC Arthritis
Coronary Artery Bypass Surgery
Coronary Artery Disease: Risk Factors and Prevention
Coronary Artery Disease: Treatment
Depression
Depression Screening
Diabetes Related Eye Disease
Dry Eye Syndrome
EGD: Upper Endoscopy
Elbow Arthritis and Replacement
Flexible Sigmoidoscopy
Foot Care for People with Diabetes
Hip Arthritis and Replacement
Hypertension
Hypoglycemia in Diabetes
Hypothyroidism
Influenza Vaccination
Insulin and Diabetes
Irritable Bowel Syndrome
Kidney Care for People with Diabetes
Knee Arthritis and Mobile Knee Replacement
Low Back Pain
Mammogram
MCP Arthritis and Replacement
Meal Planning for People with Diabetes
Peripheral Arterial Disease
PIP / DIP Arthritis
Pneumococcal Vaccination
Pressure Relieving Cushions
Pressure Sores Associated with Seating
Prostate Cancer
Shoulder Arthritis and Replacement
Stroke
Testicular Cancer Screening
Total Knee Replacement
Type 2 Diabetes
Urinary Tract Infection
Varicose Veins
Wrist Arthritis and Replacement
**Urology**
Kidney Care for People with Diabetes
Prostate Cancer
Testicular Cancer Screening
Urinary Tract Infection
Vascular
Abdominal Aortic Aneurysm
Atherosclerosis
Atrial Fibrillation
Carotid Artery Disease
Claudication
Peripheral Arterial Disease
Raynaud’s Phenomenon
Renal Artery Stenosis
Stroke
Varicose Veins

Women’s Health
Breast Biopsy
Breast Cancer Screening
Cervical Cancer Screening
Cholesterol Screening
Depression
Hypertension
Hysterectomy
Hysterectomy Options: LSH
Mammogram
Menopause
Obesity
Ovarian Cysts
Pap Smear
Primary Insomnia
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change
Urinary Tract Infection
Varicose Veins

Foreign Languages

Arabic
Atherosclerosis
Back Health: Lifting
Cholesterol Screening
Gestational Diabetes in Pregnancy
Hypertension
Obesity
Pre-Diabetes
Relaxation Exercises
Smoking Cessation, Relapse Prevention
Smoking Cessation, Stages of Change

Cantonese
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Japanese
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Mandarin
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Russian
Atherosclerosis
Back Health: Lifting
Colon Cancer Screening
Hypertension
Prostate Cancer

Vietnamese
Atherosclerosis
Colon Cancer Screening
Hypertension
Prostate Cancer

Polish
Breast Biopsy
Carpal Tunnel Syndrome
Cholesterol Screening
Colonoscopy
Depression
Depression Screening
Diabetes, Type 2
Drugs, Alcohol and Smoking During Pregnancy
Flexible Sigmoidoscopy
Foot Care for People with Diabetes
GERD
Hypertension
Insulin and Diabetes
Labor and Delivery
Low Back Pain
Lumbar Disk Disease
Mammogram
Meal Planning for People with Diabetes
Menopause
Metered-Dose Inhaler
Migraine Headache
Obesity
Panic Attacks
Pap Smear
Smoking Cessation, Stages of Change